



# Waterford Healing Arts Trust Annual Report 2018



## WATERFORD HEALING ARTS TRUST

### Annual Report 2018

In 2018 Waterford Healing Arts Trust (WHAT) had a bumper year celebrating our 25<sup>th</sup> Anniversary and winning the Arts & Culture category in the inaugural National Lottery Good Causes Awards. Both of these initiatives celebrated our work which aims to brighten up the lives of patients, staff and relatives of University Hospital Waterford (UHW) through arts experiences. In 2018, these experiences included our ***Iontas Arts and Mental Health Programme, Open Gallery***, our art viewing project for patients living with dementia and their family members/carers, ***Healing Sounds***, our live music programme on the wards and in the hospital foyer; our mobile ***Art Kart*** in the Paediatric ward; our ***Artist on Call*** service, responding to individual patient needs; our ***Arts Programme in the Renal Dialysis Unit***; the ***Staff Art Wall*** and the extensive ***UHW Art Collection***. Through these programmes, we seek to soften the clinical environment and alleviate stress and anxiety for patients, family members and staff. We also support the development of arts and health throughout Ireland and manage the resource website [www.artsandhealth.ie](http://www.artsandhealth.ie).

In 2018, we brought the following **firsts** to our programme of work:

- A Poet and Composer in Residence worked in collaboration with patients to create a choral work, entitled *Hospital Voices*, which was performed by Madrigallery Chamber Choir, under the direction of Dr Kevin O'Carroll, to celebrate the 25<sup>th</sup> Anniversary of WHAT
- We curated an exhibition at UHW entitled *A Celebration of Waterford Healing Arts Trust in 25 Objects*, also to mark the 25<sup>th</sup> Anniversary of the organisation
- We expanded the art forms of *Iontas Arts and Mental Health Programme* to include drama
- We piloted *Open Gallery*, an art viewing project for patients living with dementia and their family members/carers
- We invited an independent researcher to evaluate the *Arts Programme in Renal Dialysis*
- We supported a new *UHW Staff Band* to perform for the first time
- We hosted a very special book club for renal dialysis patients and staff with Laureate for Irish Fiction Sebastian Barry

## ARTS PARTICIPATION & ENGAGEMENT

### Composer and Poet in Residence at UHW

Each year, through our Artist in Residence programme, we invite an artist to engage with patients and staff at University Hospital Waterford to create new work informed by these experiences. In 2018, for the first time, we invited two artists - a poet and a composer - to work together in collaboration with patients to create a choral work to mark our 25th Anniversary. Poet Edward Denniston and composer Eric Sweeney were selected via a competitive open call and began a six month residency with us in June. They worked primarily in Medical Ward 2 and Surgical 7, areas we haven't worked in previously, where they invited patients to contribute a song, poem or similar matter from their 'stored memory'. The resulting material formed the basis of a series of poems by Edward that Eric subsequently set to music for four-part choir with piano accompaniment. This suite of five



Eric Sweeney & Edward Denniston



choral movements were punctuated with four 'Interludes', layered audio recordings of some of the contributions from patients, together with various hospital sounds such as staff announcements, information to visitors and interviews with various members of the hospital staff. The resulting choral work, entitled *Hospital Voices*, was performed by

Madrigallery Chamber Choir under the direction of Dr Kevin O'Carroll on 6<sup>th</sup> December in UHW Chapel as part of the 25<sup>th</sup> Anniversary celebration of WHAT.

### **Art Kart and Artist on Call**

WHAT's *Art Kart* and *Artist on Call* programmes invited patients at UHW to participate in art making throughout the year, thereby offering patients first-hand experience of the intrinsic benefits of the arts.

Every week artist Boyer Phelan facilitated the *Art Kart* in the Paediatrics ward as a means of creatively engaging hospitalised children in art making and invited them to exhibit their work on the ward, on a rotating basis. WHAT's *Artist on Call* programme continued to provide opportunities for all UHW patients to access art-making upon request.

### **Arts Programme in the Dialysis Unit**

Artists Boyer Phelan and Philip Cullen facilitate a multi-artform participatory programme for patients in Renal Dialysis, supported by the PuncHESTOWN Kidney Research Fund. This programme engages the artist and the patient on a one-to-one basis, thereby allowing for a deep level of engagement, and in 2018 this included music, visual art, creative writing and poetry. Outcomes in 2018 included the display of patients' artworks, music sessions and a publication by patient Jack Kelly entitled *77 Years A-Dreaming: Recollections and Reflections on a Wonderful Life* which was launched in November. The success of this programme is evident in the positive feedback from patients and staff, reflective journals by the artists and the ongoing support from the PuncHESTOWN Kidney Research Fund. WHAT commissioned Leigh Tesch to independently evaluate the programme in 2018 and to make recommendations for its future development. Leigh, an occupational therapist and artist, is a PhD candidate at University of Tasmania, Australia, specialising in arts programmes in renal dialysis. Leigh was selected via a competitive open call and, having successfully met the requirements of the UHW Research Ethics Committee, travelled to Ireland to conduct her research for this evaluation.



Mary Butler TD & Jack Kelly

We were delighted to welcome award-winning author and Laureate for Irish Fiction Sebastian Barry to lead a special Book Club event at the WHAT Centre for Arts and Health in August. Supported by the Arts Council, this special event was for patients and staff of renal dialysis, and was organised as part of Sebastian Barry's plan to meet and encourage people from all over Ireland, in many different places, to engage with Irish fiction.

## Open Gallery

Open Gallery is a new art viewing project, developed by WHAT in 2018, which invites people living with dementia – and their family members / carers – to look at, discuss and enjoy paintings from the UHW Art Collection in a safe and welcoming space, supported by professional artists.

In each session, three paintings from the hospital art collection are discussed by the participants. These sessions are all about the participants making observations, describing, building connections and enjoying art together.

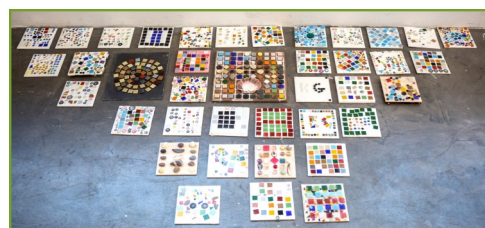


Open Gallery. Photo: Maeve Butler

Open Gallery has two strands: Strand One is for patients at UHW and took place every month, from March to December, on the ward (Medical Ward 3 and Medical Ward 5). Strand Two is for people living with dementia in the community and took place once per quarter at the WHAT Centre for Arts & Health. Open Gallery is facilitated by artist Caroline Schofield, who has trained in delivering such dementia-friendly workshops, and supported by artist Jill Bouchier, with Maeve Butler, Acting Assistant Arts Director, WHAT, Amy Power, Assistant Art Curator, WHAT and Keith Irish, Art Installer, WHAT. The programme was funded by Waterford City and County Council in 2018. Maeve Butler presented a poster about Open Gallery at the UHW Quality Improvement Conference 2018 in May.

## Iontas Arts and Mental Health Programme

Based on a partnership with Waterford Wexford Mental Health Services (WWMHS), *Iontas*, WHAT's arts and mental health programme, delivered 244 participatory workshops in creative writing, music, visual art, drama and dance across eight mental health settings in Waterford in 2018. Most of the workshops were facilitated by WHAT's core team of artists – Liam Merriman, Jane O'Brien Moran, Leah Clarke, Jill Bouchier, George Higgs and Lani O'Hanlon. To expand the creative experiences of participants, artist Liam Meaghar was invited to engage service users in a new programme of drama in the Dept of Psychiatry (DOP) at UHW; the Activation Therapy Unit, St. Otteran's Hospital and Mental Health Unit, Dungarvan Primary Care Centre.



This is WHAT we're all about exhibition  
Photo: Keith Currans

The programme included a 15 week music programme in the acute ward of the DOP, a six-week song-writing programme, in partnership with the Occupational Therapy team, for teenagers accessing the Child and Adolescent Mental Health Services (CAMHs) and a pilot music programme in Grangemore, St. Otteran's Hospital, delivered by Jane O'Brien Moran, Leah Clarke and Liam Merriman. WHAT also doubled the amount of sessions delivered in St. Aidan's Ward, St. Otteran's Hospital and showcased the work of the ATU visual art group along with participants of WHAT's Open Studio in GOMA Gallery of Modern Art, Waterford during *Well Festival of Arts & Wellbeing* in October 2018.

Musicians Jane O'Brien Moran and Leah Clarke delivered a sample *Iontas* music workshop at a National Mental Health Engagement Day which was held in May 2018 in the Royal Hospital in Kilmainham and hosted by the HSE Mental Health Engagement Team. Claire Meaney presented a poster about *Iontas* at the Advancing Recovery in Ireland learning set event in the Seven Oaks

Hotel, Carlow in June. *lontas* was supported by a steering group comprising representation from healthcare professionals, the voluntary sector (Shine), service users and WHAT.



*This is WHAT we're all about* exhibition.  
Photo: Keith Currans

### Open Studio

WHAT provided accessible art making opportunities for people who are socially isolated for reasons of ill health or disability through this weekly visual art workshop, led by artist Jill Bouchier, in the WHAT Centre for Arts and Health. One-to-one collaborative arts methodologies have been developed so that participants who have diverse artistic and personal needs can work at a level that is in keeping with their individual ability and ambition. Two places in the workshop (of a total of 12) are reserved for patients of the Dept. of Psychiatry in UHW.

Feedback from the group participants – and their support workers, where relevant – has been extremely positive and most participants return to the group for each new term of sessions.

As part of the *Well Festival of Arts & Wellbeing*, an exhibition titled *This is WHAT we're all about* was held in GOMA Gallery of Modern Art and featured an eclectic mix of artworks, created by participants of Open Studio and service users of the Activation Therapy Unit in St. Otteran's Hospital, Waterford. The exhibition showed considerable creativity with unique individual styles and techniques.

Another highlight of the year for Open Studio participants was their appearance on national TV in a short film about WHAT created by Virgin Media for the inaugural National Lottery Good Causes Awards 2018.

### Arts programmes for HSE staff

Author and poet Lani O'Hanlon facilitated two **creative writing** workshops for HSE staff on the themes *The Archive of Memory* and *I Know this Path by Magic*. Both workshops were well attended and enjoyed by all.

Musician Jane O'Brien Moran led a lively group of UHW staff members to become the first **UHW Staff Band**. The group performed to a huge audience in the hospital foyer as part of the *Well Festival of Arts & Wellbeing*.



UHW Staff Band. Photo: Maeve Butler

In July, artist Ciara Harrison delivered a week long **summer art camp** at the WHAT Centre for Arts & Health for children of HSE staff. Entitled *Nuts for Nature*, Ciara supported the children to seek inspiration from the magical patterns and creatures found in nature to create their own colourful spider webs and caterpillars that transformed into butterflies. Each child also learned how to tie-dye and went home with a colourful t-shirt at the end of the week!

See also **Staff Art Wall** in Exhibitions.

### ***The Music Makers and Movers and Shakers***

Two groups from the Brothers of Charity whose participants have intellectual disabilities - *The Music Makers* and *Movers and Shakers* - attended the WHAT Centre for Arts and Health for two parallel programmes of participatory music workshops facilitated by musician Mary Prendergast throughout the year. There are three groups that make up the *Movers and Shakers*: Solas Kilean, Cliún Eile and Cois Cille and *The Music Makers* are from Tory Services. *The Music Makers* performed in UHW foyer in March 2018 and are currently aiming to record a song written by the group.



The Music Makers

## **PRESENTING ART TO AUDIENCES**

### **Curatorship of art collection**

WHAT curates Ireland's largest hospital-based art collection comprising over 590 original artworks on public display in UHW, with works by Paul Mosse, Carmel Mooney, Robert Ballagh, Paul Bokslag and Caitriona O'Leary, among others. During 2018, biannual stocktakes were conducted and elements of the collection were re-organised and re-located to UHW ward areas to optimise the impact and appropriateness of particular artworks in different settings.



*Karoo Farm, Cape Province* by Johann Koch

WHAT responded to requests for artworks from different departments including theatre, radiology, maternity, psychiatry, cardiology and the staff canteen. Such requests are an indication of the impact artworks can have in the hospital setting. In addition, works lacking quality or suitability were decommissioned in line with the WHAT decommissioning policy and the intake of donations in 2018 was tightly controlled to improve the quality of the collection. In early 2018, WHAT accepted a substantial loan of artwork from a private collection. These artworks were installed in the Outpatients waiting areas to enhance the environment for patients and relatives waiting for clinics. WHAT continued to mediate the collection through the provision of accessible wall-based information about the artworks, the artists and the contexts in which they were made.

### **Visual Art Exhibition Programme**

From January to August, WHAT curated and presented the third of its series of exhibitions entitled ***A Better Place***. This series invites artists to submit works they consider will make UHW a better place for patients, staff and visitors by enhancing the hospital environment. Submissions were received from 67 artists in March, (up from 43 in 2017). These were displayed in the hospital and voted on anonymously by patients, visitors and staff. Dungarvan artist Sinéad Hehir's work was selected for a full solo exhibition,



Edward Denniston, Cllr Pat Nugent, Mayor of Waterford and artist Sinéad Hehir. Photo: John Power

which was launched in June by poet and writer Edward Denniston, and continued until late August. The exhibition was a huge success, with more than 60 attending the opening, a number of artworks being sold, extensive coverage in local press and universally positive feedback from the viewing public.

In March and April, Rory van Dokkum exhibited ***Strange Forms***, an exciting series of pencil drawings combining the mundane human form with twisted, surreal aspects. A graduate of WIT, Rory was the recipient of the Waterford Healing Arts Trust Graduate Award 2017.



Caroline Hyland's exhibition ***Can You See What I See?***, on display between August and October, featured a series of hand-painted illustrations beautifully depicting supports for people living with dementia observed in the course of her work as an occupational therapist and Artist in Residence at Tallaght University Hospital. Caroline gave a free public tour of this work as part of the *Well Festival of Arts and Wellbeing*.

In June 2018, the fourth **Waterford Healing Arts Trust Graduate Award** was awarded to Kasia Pylyponko, a graduate of the WIT Visual Art degree. This award recognises the ambition and innovation of the work, as well as its fit within an acute hospital setting, and offers the student a bursary and opportunity to showcase their work at UHW. This showcase of work took place in early 2019.

In December, WHAT and the 25<sup>th</sup> Anniversary Sub-committee curated a special exhibition entitled ***A Celebration of Waterford Healing Arts Trust in 25 Objects*** to reflect the evolution of WHAT over the last 25 years. It featured a carefully curated collection, including paintings, sound recordings and sculptures. The exhibition tells the story of WHAT and represents the landmark moments in the organisation's development and the artworks produced through our art programmes, artist residencies, public art commissions, exhibitions and music programmes, as well as our national arts and health development work.

In 2018, the ***Staff Art Wall***, a WHAT initiative designed to celebrate the creativity of HSE staff, featured paintings and photographs by microbiology specialist registrar Grace Chan, healthcare assistant Geraldine Duffin, household services staff member Sean Hogan, laboratory administration manager Laura Grimes, WHAT artist Boyer Phelan and osteoporosis clinical nurse specialist Melanie Fox. This continues to be a popular and successful initiative, reflected in positive feedback from the viewing public and an increase in applications from staff to show their work.

### Healing Sounds

WHAT delivers its programme of monthly live music performances for UHW patients, staff and visitors in two strands: *Healing Sounds in the Foyer* offers opportunities for musicians to perform in the hospital foyer for diverse audiences. Musicians who performed in 2018 included The Music Makers, Una McSweeney (harp), Ciara McSweeney (flute), Orla Forristal (soprano), duo Dick and David Hayes, Billy O'Brien (piano), Liam Merriman & Bill Stuart (guitar & vocals), Dean Flynn (guitar & vocals) and Joey Whelan (Spanish guitar). In December, WHAT organised a special Choral Christmas featuring choirs from Waterford - Voci, Trinity Gospel Choir and



Joey Whelan

Dordán. Feedback to these monthly performances from the patients, visitors and staff was universally positive. This programme is sponsored by AIB Ardkeen.

*Healing Sounds on the Wards* is a fortnightly programme of live music engagement which aims to soften the clinical environment and reduce anxiety for patients of all ages. Building on progress made in 2017, WHAT continued to work with musicians Sharon Scanlon, Dean Flynn and Alan Browne, who were mentored by music and health practitioners Liam Merriman and Eoin O Meachair to engage hospital patients in live music experiences at the bedside. *Healing Sounds on the Wards* in 2018 focused on patients in the oncology ward, stroke unit, renal dialysis unit and patients living with dementia and extended to one afternoon and one evening session per month. *Healing Sounds on the Wards* also took place on Culture Night 2018, thereby bringing this national festival to patients who would not otherwise be able to participate in this occasion. *Healing Sounds on the Wards* also gained national recognition through the National Lottery Good Causes Awards, winning the Arts and Culture Category. See also Sponsorship, Fundraising and Awards.

### **Public Art Commissioning**

In 2018, WHAT worked closely with the working group for the commissioning of artwork for the Dunmore Wing, the new 5-storey building at UHW that will include the South East Palliative Care Centre. This working group selected two artists, Róisín De Buitléar and Christine Mackey, to create original artworks through the Per Cent for Art Scheme. The artworks have been installed and will be unveiled in late 2019.

In partnership with the Capital Projects Team, staff and residents of St. Patrick's Hospital, Waterford, WHAT also began commissioning artwork for the new Waterford Residential Care Centre, a 100 bed residential facility on the site of St. Patrick's Hospital. The artworks will be installed in late 2019.

### **Menu of Poems**

To celebrate Poetry Day, a Menu of Poems called *Encounters* was produced. This is a project initiated in 2009 by WHAT and now facilitated by Arts and Health Co-ordinators Ireland, managed by Galway University Hospitals Arts Trust and supported by the Health Service Executive and Poetry Ireland. The anthology of poems by Paul Durcan, Francis Harvey and Tony Curtis was edited by Michael Coady. In Waterford, a total of 680 menus were distributed in wards on meal trays, outpatient clinics and other healthcare settings for patients, visitors and staff to enjoy.

### **Well Festival of Arts and Wellbeing**

In October, WHAT joined with festival partners Garter Lane Arts Centre and Waterford City and County Libraries to present a fun, accessible, multidisciplinary festival to champion the benefits of participation in the arts with a wide-ranging programme of 49 innovative events for all ages across all artforms. 46 of the 49 events were free. Events curated by WHAT for Well 2018 included:



Well Festival launch. Photo: John Power

### **Visual Art**

- *Can You See What I See?* an intriguing exhibition at UHW featuring a series of painted illustrations by artist Caroline Hyland depicting supports for people living with dementia.
- *Stars at Night*, a night-time installation by artist Tom Meskill in the grounds of UHW. These





*Print a Gift* Workshop.  
Photo: Keith Currams

beautiful large-scale stars were created by workshop participants and symbolised positivity and hope.

- *This is WHAT we're all about*, an exhibition of eclectic artworks by participants of WHAT's Open Studio workshop and service users of the ATU at St. Otteran's Hospital. Both groups are led by artist Jill Bouchier.

- *Print a Gift*, a workshop in UHW for recycling old CDs/DVDs into personalised pieces of art, facilitated by artist Anne McDonnell.

- *Art in Unexpected Places*, a series of giant wooden sculptures reflecting wellbeing issues facing young people today, facilitated in collaboration with The Walls Project, local wood carver/sculptor John Hayes and Ballybeg Youth Project.

### Music

- *Get Brassy!* A lively musical performance by fun-loving brass musicians in UHW foyer.

- A lunchtime concert performed by accomplished flautist Gerard Dower and charismatic pianist Marian Ingoldsby.

- *Healing Sounds on the Wards*, live music to create a relaxing atmosphere for patients, staff and visitors by WHAT musicians Eoin O Meachair and Alan Browne on Medical Wards 3 and 5 in UHW.

- A light-hearted lunchtime session in the foyer by the newly established UHW Staff Band.

### Talks/ workshops/ literature

- *Lastingly*, a participatory workshop designed for artists in palliative care, facilitated by artist Marielle MacLeman. This workshop explored creative approaches to working with people at a late stage in their lives.

- *We haven't had an earthquake lately...*, a public reading of poetry and prose selected and read by Waterford people, presented by MC poet Edward Denniston. This event was kindly sponsored and hosted by The Book Centre.

- Women's Creative Café, an evening of talk, music and dance presented by women to inspire, reflect and connect with each other.

- Welly Tales, a special storytelling session in the Paediatric Ward of UHW, facilitated in collaboration with Ardkeen Library.



*We haven't had an earthquake lately...* Photo: Keith Currams

The *Well festival* is funded by the Arts Council, HSE, Department of Social Protection, Waterford City and County Council and Sanofi.

## SUPPORTING AND DEVELOPING THE ARTS AND HEALTH SECTOR



Music workshop with Dr Jane Bentley

### Professional Development

WHAT supported the professional development of its team of artists through practice exchange and peer support meetings. In May WHAT artist Philip Cullen gave a presentation to the WHAT artist team on the challenges of working in an arts and health context. Also, in May, WHAT hosted a public talk entitled *The Transformative Power of Connection - The Emerging Role of Music in Dementia Care* by Dr Jane Bentley from Scotland in partnership with Kids Classics, Ireland's leading Music in

Healthcare training organisation. *Lastingly*, a CPD workshop for artists interested in working in palliative care settings, led by Marielle MacLeman, took place as part of the *Well Festival of Arts & Wellbeing* in October.

### **Arts and Health Check Up, Check In**

In April 2018, WHAT, under [artsandhealth.ie](http://artsandhealth.ie), hosted the third *Arts and Health Check Up, Check In* at Crawford Art Gallery, Cork, in partnership with Create, the national development agency for collaborative arts, with local partners Uillinn West Cork Arts Centre, Crawford Art Gallery, Cork Kerry Community Healthcare Health & Wellbeing and Niche Community Health Project. *Arts and Health Check Up, Check In* is funded by the Arts Council and the HSE.



Check Up, Check In. Photo: Philip Cullen

Themed *Building Momentum*, this leading national arts and health event featured the award-winning director and writer Professor Anna Furse, FRSA, who gave the keynote address, and presentations by some of the most innovative and creative practitioners working in arts and health in Ireland today. The programme included:

- What's My Practice? – A series of workshops looking at a wide range of methodologies employed in socially engaged arts and health practice;
- Sticking Points: What to do when you get stuck – Artists and healthcare professionals shared the challenges they have faced in their work and look for solutions to overcome them.
- Arts and Health in the Workplace – Case studies of arts and health projects where participants are healthcare professionals;
- *The Second Hand of the Clock* – A documentary film featuring the Dialysis Arts Programme at Merlin Park University Hospital, Galway, managed by Galway University Hospital Arts Trust.



Check Up, Check In. Photo: Philip Cullen

Participants at Check Up Check In 2018 also had the opportunity to learn about plans to develop a framework for strategic partnership between the Arts Council and the HSE, the national statutory bodies with responsibility for the arts and health, alongside a presentation from Creative Ireland. The event was sold out and documented feedback from the day was universally positive. A short video documenting the event was disseminated via [artsandhealth.ie](http://artsandhealth.ie).

### **Introduction to Arts & Health**

WHAT, under [artsandhealth.ie](http://artsandhealth.ie), toured its seventh day-long Introduction to Arts and Health CPD workshop to Connolly Hospital, Blanchardstown in November, with support from the hospital. Participants were artists and healthcare professionals interested in learning more about arts and health. The workshop was delivered by Claire Meaney, Mary Grehan and Emma Eager with guest artist Grainne Hope who spoke about patient choice in terms of her work with Kids Classics, bringing music to people in healthcare settings in Ireland.

### **artsandhealth.ie**

In 2018, WHAT continued to support the development of arts and health nationally via [artsandhealth.ie](http://artsandhealth.ie), an online resource which promotes best practice in the field of arts and health via current news from the sector, monthly case studies, commissioned opinion pieces and national and international resources. A cross-sectoral editorial panel guided the content and

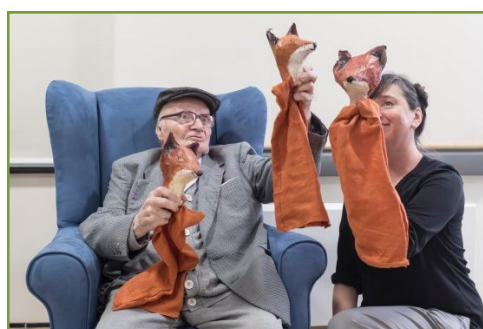
direction of the site. Content reflects a regional spread and a range of art forms and healthcare contexts. Case studies in 2018 reflected national and international examples of arts and health best practice in theatre, dance, music and visual art. Where relevant, site content is linked to existing research in the field via social media and a bi-monthly e-bulletin.



Klaus Unger

In 2018, perspective pieces were commissioned from Klaus Unger, a retired architect and frequent patient, on Aesthetics and Design in Hospital Interiors; novelist and short story writer Meaghan Delahunt reflected on her work at the Prince and Princess of Wales Hospice in Glasgow; and Professor Anna Furse, theatre maker and practising academic, reflected on the personal circumstances that have led to a series of projects interrogating the 'medical gaze' and how the body, particularly the woman's body, becomes spectacular through this gaze.

artsandhealth.ie awarded its 2018 Documentation Bursary for the creation of high quality documentation (film/audio/publication) of an arts and health project to visual artist and musician Tess Leak and filmmaker Sharon Whooley to document *Reading the Sky*, a cross-disciplinary performance project with older participants in St. Joseph's Ward, Bantry General Hospital. The bursary is awarded via open competition and is promoted nationally and internationally. The resulting documentation will be disseminated widely in partnership with the winning applicant, with a view to raising public awareness around the nature of arts and health practice.



Stories from the Well-field

Galway University Hospitals Arts Trust was awarded the 2017 artsandhealth.ie Documentation Bursary to work with filmmaker Tom Flanagan and visual artist Marielle MacLeman on the short film *The Second Hand of The Clock*. Set against the relentless routine of chronic kidney disease and the leafy grounds of Merlin Park University Hospital, the film offers an intimate account of the Arts Trust's dialysis arts programme, which was established in 2012 with an Arts Council Project Award. Made in response to a series of interviews with patients and staff, the film articulates the connection between 'human' being and 'placed' being in a context that habitually extracts or excludes people from the places and things that matter to them. See <http://www.artsandhealth.ie/resource/videos/the-second-hand-of-the-clock/>

In 2018, WHAT created opportunities for increased engagement in artsandhealth.ie by:

- having a face-to-face presence at relevant national gatherings in 2018 such as *Arts and Health Check Up, Check In* (Cork) and the Introduction to Arts and Health (Connolly Hospital, Dublin);
- targeted social media engagement linking to relevant national and international events, initiatives and research;
- continuing the new Spotlight Series, highlighting the involvement of health professionals in arts and health practice, which began in September 2017;
- continuing the 'In Conversation' series with health professionals for Arts and Health Month in November 2018.
- hosting advice clinics at *Arts and Health Check Up, Check In* and throughout the year by request

artsandhealth.ie continues to go from strength to strength, as evidenced by a 15% increase in engagement with the website in 2018 compared to 2017.

## Partnerships: Age & Opportunity Artist in a Care Setting Residency



The Fairland Collective

WHAT worked closely with Age & Opportunity/ Bealtaine Festival to develop an artist residency within a care setting, specialising in caring for older people with dementia and providing an opportunity for creative engagement over the course of a number of months. WHAT was involved in designing the residency brief and in the selection of the artists, The Fairland Collective, who worked with residents at St. Joseph's Community, Shankill, Co. Dublin.

## SPONSORSHIP, FUNDRAISING & AWARDS

### Sponsorship

AIB Ardkeen continued to generously support the *Healing Sounds in the Foyer* music programme, WHAT's monthly programme of live music in the foyer of UHW, throughout 2018.

### Fundraising

The Fundraising Committee had a very active year, starting off with the WHAT/AIB Ardkeen Spinathon taking place at Ardkeen Stores in April 2018. This was the second year of the Spinathon and it was again a resounding success, raising €5300. A fundraising concert by Great River Chorale, an outstanding choir from Minneapolis USA, took place in June and raised €2040. In September the Fun Quiz Night at The Cove Bar raised €400. WHAT's tapestry-themed card sales during the year in UHW foyer raised €267.50.



Shirley O'Shea, WHAT Board & Carol Normoyle, AIB Ardkeen at the Spinathon. Photo: Maeve Butler

### Awards

WHAT was awarded the inaugural Arts & Culture National Lottery Good Causes Award at a special televised awards ceremony in the Clayton Burlington Hotel in Dublin on Saturday 3<sup>rd</sup> November 2018. WHAT received a beautiful trophy and €10000 towards our *Healing Sounds on the Wards* programme.



National Lottery CEO Dermot Griffin presents the Arts + Culture Award to Claire Meaney, WHAT Acting Arts Director. Photo: Mac Innes Photography / National Lottery



Open Studio participants being filmed by Virgin Media for the National Lottery Good Causes Awards. Photo: Maeve Butler

## WHAT PEOPLE

### WHAT Board

Anne Woodworth (Chairperson), Aidan Barrett (Treasurer), Gordon Watson, Richard Dooley (retired during the year), Claire Tully, Carmel Ann Daly, Brenda Ronan, Joan Dalton, Shirley O'Shea, Mary Dorgan, Catherine Drea, Tom Cunningham, Mark Breen.

### WHAT Fundraising Committee

Shirley O'Shea (Chairperson), Mary Baxter, Margaret Breen, Ann Ellis, Aidan Barrett, Phyllis O'Shea, Marian Walshe, Catherine Whelan.

### Editorial panel of [artsandhealth.ie](http://artsandhealth.ie)

Claire Meaney (WHAT Acting Arts Director), Emma Eager ([artsandhealth.ie](http://artsandhealth.ie) Project Manager), Ailbhe Murphy (Create), Ann O'Connor (Arts Council), JP Swaine (HSE), Mark Breen (WHAT Board Rep), Alison Baker Kerrigan (AHCI Rep), Caroline Schofield (Artist Rep), Emma Finucane (Artist Rep), Caroline Peppard (HSE), Gerardette Bailey (Arts Officer Meath County Council).

### Staff

Claire Meaney (Acting Arts Director), Maeve Butler (Acting Asst. Arts Director), Susan Crossan (Administrator), Stefanie Fleischer (Asst. Arts Administrator), Anne O'Hanlon Bermosa (Asst. Arts Administrator), Amy Power (Asst. Curator), Keith Irish (Art Installer), James Creagh (Music Co-ordinator Jan-Sept 2018), Damien McDonnell (Music Co-ordinator from October 2018).

### Artists

Boyer Phelan, Philip Cullen, Mary Prendergast, Jane O'Brien Moran, Leah Clarke, Liam Merriman, Jill Bouchier, Lani O'Hanlon, Eoin O Meachair, Dean Flynn, Sharon Scanlon, George Higgs, Caroline Schofield, Ciara Harrison, Eric Sweeney, Edward Denniston, Liam Meaghar, Alan Browne.

## CONTACT

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[www.waterfordhealingarts.com](http://www.waterfordhealingarts.com) [www.artsandhealth.ie](http://www.artsandhealth.ie)

### Key to cover page photos

1. WHAT team being presented with the Arts + Culture Award at the National Lottery Good Causes Awards. Pictured (l-r) is Susan Crossan, Eoin O Meachair, Claire Meaney, National Lottery CEO Dermot Griffin, Maeve Butler and Liam Merriman.
2. *Art in Unexpected Places*, a series of giant wooden sculptures reflecting wellbeing issues facing young people today, on view in the foyer of UHW as part of *Well Festival of Arts & Wellbeing*.
3. Brenda Ronan, Nursing Manager, Renal Dialysis Unit and Sebastian Barry, Laureate for Irish Fiction, pictured following his special Book Club event for patients and staff of renal dialysis.
4. Members of Madrigallery Chamber Choir performing *Hospital Voices*, written by Eric Sweeney and Edward Denniston, as part of the 25<sup>th</sup> Anniversary celebration of WHAT.
5. *Stars at Night*, a night-time installation by artist Tom Meskell in the grounds of UHW during *Well Festival of Arts & Wellbeing*.